
LEVEL 1 AWARD IN HEALTH AND SAFETY IN THE WORKPLACE

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Sample Paper

PAPER NUMBER: 0000

INSTRUCTIONS TO CANDIDATES

- 1 Attempt to answer every question
- 2 Enter your answer on the accompanying answer sheet. Each question has only **ONE** correct answer
- 3 You have **45 MINUTES** to complete the examination. When you have finished give your question paper and answer sheet to the person in charge
- 4 The Pass mark for this examination is 13/20.

1. **The Health and Safety at Work etc Act 1974 states that employers are responsible for providing:**
 - A. Safe plant and equipment
 - B. Expensive equipment
 - C. Low cost equipment
 - D. Risk assessments

2. **If provided with PPE, employees should:**
 - A. Wear it all the time
 - B. Use it correctly
 - C. Wash it weekly
 - D. Share it with colleagues

3. **A workplace should provide:**
 - A. A meeting room
 - B. Food and drink
 - C. A smoking area
 - D. Rest rooms or areas

4. **In health and safety a hazard is normally defined as:**
 - A. Anything you can't control
 - B. A possible source of harm
 - C. Something unexpected
 - D. A risk you run

5. **In health and safety practice the best approach to risk control is to:**
 - A. Observe all reasonable precautions
 - B. Follow the rules laid down
 - C. Remove the hazard
 - D. Work under close supervision

6. **It is important for workers to follow safe working procedures to:**
 - A. Save money for employers
 - B. Protect themselves and others from harm
 - C. Cut down on routine maintenance
 - D. Improve productivity

7. **When working at height with a ladder you should first check that:**
 - A. You have a colleague with you
 - B. The ladder is made of wood
 - C. There will be a soft landing if you fall
 - D. The ladder is in a safe and usable condition

8. **The most effective way to protect against the hazard from a circular saw blade is to provide:**
- A. PPE for operatives
 - B. Adjustable guards
 - C. Fixed guards
 - D. Warning signs
9. **Before using any equipment staff should:**
- A. Wash their hands
 - B. Put on safety goggles
 - C. Check it is in good order
 - D. Speak to their safety representative
10. **Common injuries due to poor manual handling are:**
- A. Strained ligaments
 - B. Broken nose
 - C. Twisted ankle
 - D. Broken finger nails
11. **Poor housekeeping can result in accidents in the workplace. Which of the following is an example of poor housekeeping?**
- A. Uneven flooring
 - B. Wrong footwear
 - C. Packaging material on floor
 - D. Running in corridors
12. **Which of the following workplace hazards is likely to lead to respiratory ill health?**
- A. High temperatures
 - B. Poor welfare facilities
 - C. Lack of machinery guards
 - D. Poor ventilation
13. **Which of the following is MOST LIKELY to lead to a workplace accident?**
- A. Cleaning up with a broom rather than an industrial vacuum cleaner
 - B. Not reading the safety committee minutes on the notice board
 - C. Standing on a chair to change a light bulb
 - D. Listening to music while working at your computer
14. **High noise levels in the workplace may:**
- A. Damage people's hearing
 - B. Drown out the radio
 - C. Set off fire alarms.
 - D. Make conversations difficult

15. **Workplace accidents may have the following effects on a business:**
- A. Reduced insurance costs
 - B. Increased production
 - C. Reduced manufacturing costs
 - D. Increased insurance costs
16. **Why is it important to report an accident or near miss?**
- A. So the insurance company can be told
 - B. So managers can tell the staff which areas to avoid
 - C. To help reduce the risk of future accidents
 - D. To keep HSE statistics up to date
17. **A black skull and crossbones on an orange background means:**
- A. Corrosive
 - B. Irritant
 - C. Harmful
 - D. Toxic
18. **A blue sign with a symbol of a hard hat indicates:**
- A. Hard hats are in use
 - B. Hard hats may be worn
 - C. Hard hats must be worn
 - D. Hard hats are available if requested
19. **Who should you report to with health and safety problems in your workplace?**
- A. Your supervisor or manager
 - B. The owner of the business
 - C. The HSE
 - D. Any colleague you trust
20. **Why should hazards be reported to an Employer?**
- A. So that the insurance company can be told
 - B. So that the HSE can be informed
 - C. So that they can be risk assessed
 - D. So that hazard warning signs can be put up

END OF PAPER