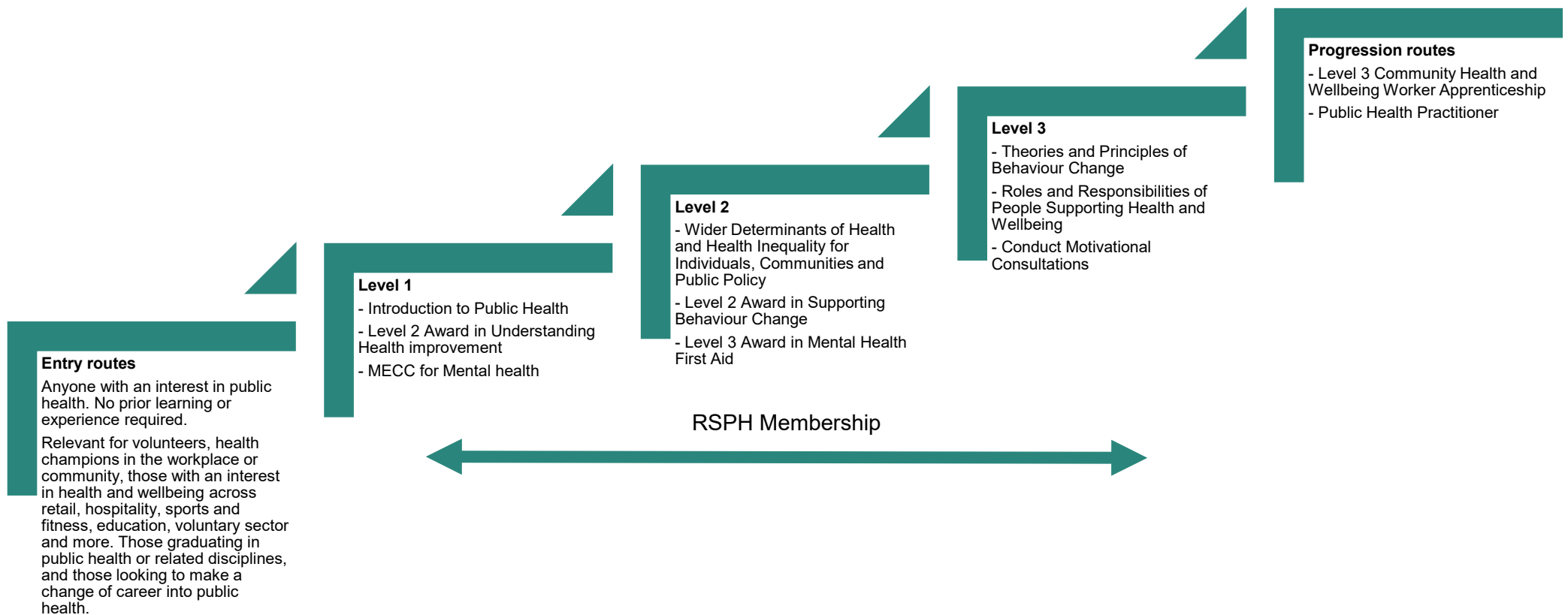


**Health Improvement Practitioner Pathway for Wider Public Health Workforce**



Level	LOs	Assessment	Routes in	Progression
<b>Level 1 – online route – equivalent two days of learning time</b>				
Introduction to Public Health	<ul style="list-style-type: none"> <li>• What health and public health is</li> <li>• Determinants of health</li> <li>• The history of public health in the UK</li> <li>• Global responses to pandemics</li> <li>• Introduction to health inequalities</li> </ul>	CPD certificate	Anyone with an interest in public health. No prior learning or experience required.  Up to 3 months completion time	Level 2
Level 2 Award in Understanding Health Improvement	<ul style="list-style-type: none"> <li>• how inequalities in health may develop and what the current policies are for addressing these</li> <li>• how effective communication can support health messages</li> <li>• how to promote improvements in health and wellbeing to individuals</li> <li>• the impact of change on improving an individual's health and wellbeing</li> </ul>	Qualification MCQ Examination		
MECC for Mental Health	<ul style="list-style-type: none"> <li>• Identify what is meant by mental health, mental wellbeing and mental illness, including recognised definitions, models and frameworks.</li> <li>• Define the MECC approach and explore how this can be applied in your setting.</li> <li>• Develop skills and confidence to engage with individuals about their mental health and wellbeing.</li> <li>• Develop skills to support individuals to understand distressing feelings and experiences.</li> <li>• Develop awareness of local support services and how to effectively signpost individuals to the appropriate service.</li> <li>• Develop confidence to understand and implement appropriate signposting pathways.</li> </ul>	CPD certificate		
RSPH Membership and access to Health Improvement Community of Practice				
<b>Level 2 – classroom/ virtual training – equivalent 5-6 days of learning time</b>				
Level 3 Certificate in Health and Wellbeing Improvement Unit 3 - Wider Determinants of Health and Health Inequality for Individuals, Communities and Public Policy	<ul style="list-style-type: none"> <li>• Understand the wider determinants of health and the impact these can have at an individual and population level</li> <li>• Understand inequalities in health and how these impact on health and wellbeing</li> <li>• Understand the impact of behaviours on both physical and mental health and wellbeing</li> <li>• Understand a community development approach to implementing health and wellbeing interventions</li> </ul>	Qualification Workbook	Completion of Level one within 3 years of application, or other evidence of relevant prior learning.	Level 3

Level 2 Award in Supporting Behaviour Change	<ul style="list-style-type: none"> <li>Understand how to communicate effectively and build rapport with an individual</li> <li>Understand what can impact on behaviour change and how to explore these factors with an individual</li> <li>Understand how an individual can be supported in thinking about making a lifestyle or health behaviour change</li> <li>Understand how to support an individual to plan for a behaviour change</li> </ul>	Qualification MCQ Examination	Relevant for all WPHW groups  Est. 3 months completion time	
Level 3 Award in Mental Health First Aid		Qualification MCQ Examination		
RSPH Membership and access to Health Improvement Community of Practice				
<b>Level 3 – classroom/ virtual training – equivalent 6-10 days of learning time</b>				
Level 3 Certificate in Health and Wellbeing Improvement Unit 4 – Theories and Principles of Behaviour Change	<ul style="list-style-type: none"> <li>Understand the behaviour change theories that underpin health improvement activities</li> <li>Understand the principles of behaviour change techniques</li> <li>Understand how motivational techniques can enhance behaviour change interventions</li> <li>Understand how to motivate individual change in group settings</li> </ul>	Qualification Workbook	Completion of Level 1 and 2 within 3 years of application, or other evidence of relevant prior learning.	<a href="#">Community Health and Wellbeing Worker Apprenticeship</a>
Level 3 Certificate in Health and Wellbeing Improvement Unit 5 – Roles and Responsibilities of People Supporting Health and Wellbeing	<ul style="list-style-type: none"> <li>Understand the requirements for data protection</li> <li>Understand the requirements for safeguarding</li> <li>Know the boundaries and responsibilities of the role and that of colleagues</li> <li>Understand how and why services are monitored and evaluated</li> </ul>	Qualification Workbook	Relevant for all WPHW groups	<a href="#">Public Health Practitioner</a>
Level 3 Award in Health and Wellbeing Improvement Unit 6 – Conduct Motivational Consultations	<ul style="list-style-type: none"> <li>Carry out initial consultations with individuals</li> <li>Demonstrate how to support individuals to identify key priorities for their health and wellbeing</li> <li>Demonstrate how to explore with individuals their readiness and commitment to take action or make changes</li> <li>Carry out development of client-led action plans with individuals</li> <li>Carry out action plan reviews with individuals</li> </ul>	Qualification Workbook	Est. 3 months completion time	
RSPH Membership and access to Health Improvement Community of Practice				