# PROSTHETISTS AND ORTHOTISTS Role in PUBLIC HEALTH



## **Health Protection**

Prosthetists and Orthotists always work to prevent and control infection and promote immunisations.

#### **Wider Determinants**



Prosthetists and Orthotists support people to remain in, return to or access education or employment.



## **Population Healthcare**

Prosthetists and Orthotists promote rehabilitation recovery and re-enablement through adaptations to help enable independence.

They use biomechanical solutions to prevent or ease muscular skeletal pains and focus on early identification and interventions to prevent health deterioration.



#### **Health Improvement**

Prosthetists and Orthotists support people to be physically active by enabling participation in activities they enjoy, thereby promoting physical wellbeing. They help prevent hospital admissions from trips and falls.

Prosthetists and Orthotists support selfmanagement of conditions and work to Make Every Contact Count (MECC) – especially weight management, mental wellbeing, and smoking cessation.

## **Examples of client groups**

Sports injury, diabetes, neurological conditions, major trauma, aging population, paediatrics and development and musculoskeletal issues.

# **Examples of work sectors**

In-hospital care, out-patient clinics, community, schools, assisted living, rehabilitation units, homecare, nursing homes and multidisciplinary teams.





This is just a snapshot and not an exhaustive list of public health interventions.