

OSTEOPATHS

Role in

PUBLIC HEALTH



Health Protection

Osteopaths contribute to health protection by working with populations to make informed choices that protect their health and wellbeing.

As primary care practitioners, we are trained to screen for non-musculoskeletal causes of pain and are able to refer to appropriate specialities.



Wider Determinants



We help people to remain in or return to employment and support children to participate in education and social activities.



Population Healthcare

We provide a holistic approach to healthcare in the context of musculoskeletal conditions for all ages, ranging from babies to the elderly.

We support early interventions that are considered lower-carbon models of care contributing to the NHS 'Net Zero' ambition.



Health Improvement

We champion a whole-person approach through the encouragement of physical activity, weight and stress management, smoking cessation, and sleep quality as per Making Every Contact Count and Health Coaching.

We support public health awareness campaigns, falls prevention, and empower patients to manage their condition with self-management.



Examples of client groups

All people, ranging from babies to the elderly with musculoskeletal conditions.

