

PLACE YOUR LOGO HERE

Level 2

Award in Understanding Health Improvement

This qualification will provide learners with the information and skills needed to effectively promote good health and wellbeing.

WHO NEEDS THIS QUALIFICATION?

- Aspiring or current health champions
- Health improvement volunteers
- Community health workers
- Pharmacy assistants
- Health advisors
- People with a public health role which involves encouraging healthy lifestyles

WHY RSPH?

RSPH is the UK's leading independent OFQUAL regulated awarding body for public health qualifications.

HOW IS THIS QUALIFICATION ASSESSED?

The knowledge and understanding of candidates will be assessed by a multiple-choice examination.

WHAT DOES THIS QUALIFICATION COVER?

- The health inequalities that exist and measures that have been taken to address them
- Methods for effectively communicating health measures to the public
- How effective communication can promote healthy lifestyle changes
- What is needed to encourage individuals to change their behaviour and lifestyle to improve their health
- What the benefits of health behaviour change are



Guided Learning time:
8 hours

Total qualification time:
8 hours

1 unit

