

# PHYSIOTHERAPISTS

## Role in


### PUBLIC HEALTH



#### Health Protection

Physiotherapists always ensure infection prevention and control.



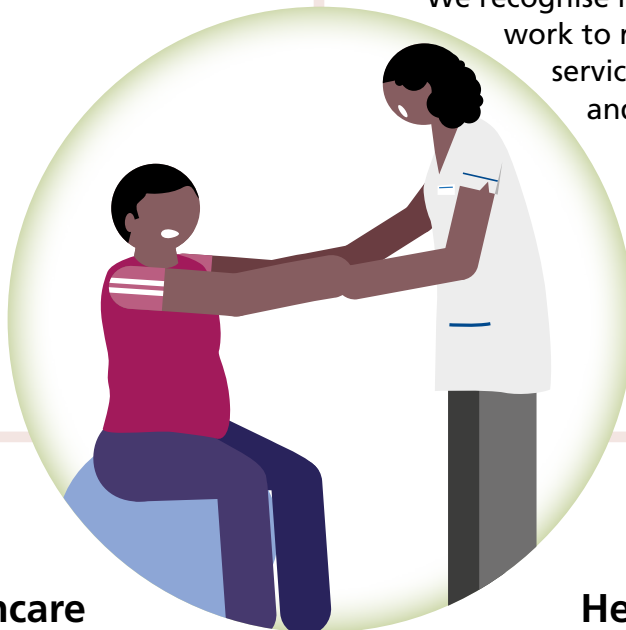
We  supporting people to be physically active and stay doing the things that matter to them”

#### Wider Determinants



Physiotherapists help people to access, stay in and return to employment.

We recognise health inequities and work to reduce them through service design, tailored support and advocacy.



#### Population Healthcare

Physiotherapists deliver rehabilitation, recovery and reablement and believe in prevention and early intervention across a spectrum of conditions.

We support admission avoidance to hospital and prevent deconditioning in people who do require inpatient care.

We contribute to the wellbeing of the elderly population, reducing falls and improving quality of life.



#### Health Improvement

Physiotherapists are experts in motivational interviewing and behaviour change techniques particularly to support the self-management of chronic disease.

We utilise Making Every Contact Count (MECC) to support people to make positive improvements to their health or wellbeing e.g. physical activity.



#### Example of work sectors

Primary care, secondary care, community settings including peoples' homes, private practice, education settings.

