



Supportive resources: There is training available on understanding mental wellbeing. The Public Health England (PHE) framework 'All our health' has a section dedicated to mental wellbeing, containing extensive literature on the different forms intervention can take.

There are a number of validated tools to assess mental wellbeing across all subpopulations: these include WHO-5 and WEMWBS/SWEMWBS. These and tools should be used appropriately across interventions and in relation to HCPs ability to deliver them.

*Follow-up is optional and in many cases will not be possible. However, should the opportunity arise, the impact pathway highlights the data that could be collected to further demonstrate impact.