

# RSPH LEVEL 2 AWARD IN INFECTION PREVENTION AND CONTROL FOR SPECIAL PROCEDURES

Paper: SPECIMEN (Wales)

# IMPORTANT READ THE FOLLOWING INSTRUCTIONS CAREFULLY:

- 1. This paper must be left on your desk at the end of the examination.
- 2. You should enter your answers on the accompanying answer sheet.
- 3. Each question has only ONE correct answer.
- 4. You are allowed ONE HOURS to complete the examination.
- 5. This exam paper consists of 30 questions.
- 6. You should answer all of the questions.
- 7. The Pass mark for this paper is 25/30.

# 1. Staphylococcus aureus is a:

- A. Bacterium
- B. Virus
- C. Fungus
- D. Protozoa

# 2. HIV has been shown to remain infective in aqueous (water based) solutions at room temperature for how long?

- A. 24 hours
- B. 7 days
- C. 2 weeks
- D. 1 month

#### 3. What is a keloid?

- A. Poor hygiene to the piercing site which is not harmful to health
- B. A sign of infection which requires medical treatment
- C. A fibrous type of scar tissue, not harmful to health
- D. A blister that should be burst as soon as possible

#### 4. How should a client with a latex allergy be managed?

- A. Avoid the use of protective gloves and wash hands thoroughly before the treatment commences
- B. Latex gloves may be used as its unlikely the client will suffer with a reaction
- C. Avoid treating the client completely as the client is at high risk of adverse side effects
- D. Use nitrile gloves instead of latex gloves to avoid any allergic reaction

### 5. Which of the following are symptoms of sepsis?

- A. Fainting, pain, sickness
- B. Bruising, redness, swelling
- C. Fever, high temperature, rapid breathing
- D. Rash, irritation around piercing site

### 6. Bacteria and viruses can enter the body through:

- A. Broken skin
- B. Intact skin
- C. Dry skin
- D. Oily skin

### 7. What is the MOST effective way a practitioner can reduce the risk of infection to a client?

- A. Maintain detailed client records
- B. Undertake regular audits
- C. Apply good hygiene practices
- D. Have good public liability insurance

# 8. Which of the following is the BEST method for a practitioner to treat a wound on the finger to ensure client safety?

- A. Put cream on it
- B. Cover it with a bandage
- C. Leave it open to the air
- D. Cover it with a waterproof dressing

### 9. There are 6 links in the 'Chain of Infection'. These include each of the following EXCEPT:

- A. Hand hygiene
- B. Portal of exit
- C. Reservoir
- D. Mode of transmission

#### 10. In the 'Chain of Infection' which of the following is NOT an example of a 'Portal of Entry':

- A. An instrument
- B. Broken skin
- C. The mouth
- D. A wound

### 11. Under the Public Health (Wales) Act 2017, the following are special procedures except for:

- A. Microblading
- B. Body piercing
- C. Laser removal
- D. Electrolysis

# 12. A person found guilty of undertaking a special procedure without an individual licence is, upon summary conviction liable to:

- A. Imprisonment
- B. An unlimited fine
- C. A fine up to £5,000
- D. A fine of up to £10,000

### 13. Which of the following is a complication of wound healing?

- A. Inflammation
- B. Proliferation
- C. Maturation
- D. Infection

# 14. What are the components of the dermis layer of the skin which could be an infection risk to the practitioner?

- A. Nerve endings
- B. Blood vessels
- C. Sweat glands
- D. Muscle

### 15. Under what circumstances should a client NOT receive a special procedure?

- A. They are under the influence of drugs or alcohol
- B. They report being HIV positive
- C. They have just come back from a holiday in India
- D. They ask if they can go outside for a cigarette before the treatment starts

# 16. During pre-consultation a new client tells the practitioner that she is diabetic. What should the practitioner do next?

- A. Ask for a doctor's note to confirm that they are fit to have the procedure
- B. Proceed with the special procedure as normal
- C. Refuse to carry out the special procedure
- D. Discuss the diabetes with the client and if they are managing the illness go ahead with the procedure

# 17. What is the MOST effective way of preventing the spread of infections?

- A. Wearing a face mask
- B. Coughing into a tissue
- C. Hand washing
- D. Wearing a disposable apron

### 18. Which of the following products should NOT be used to clean hands?

- A. Liquid soap
- B. Hand rubs
- C. Foam soap
- D. Bar soap

# 19. What level of infection control precautions should be taken when practising in or at a temporary location or event?

- A. The same precautions as at a permanent venue
- B. Less precautions than at a permanent venue
- C. No precautions are needed as those organising the event are responsible
- D. Greater precautions than at a permanent venue

### 20. The treatment area of a Special Procedure business should:

- A. Be designed to minimise the risk of cross infection
- B. Allow easy access to clients and practitioners
- C. Have quick access to toilets and storage rooms
- D. Be on one level to allow for easy cleaning

### 21. An aseptic technique is a technique used to:

- A. Achieve an environment that is sterile
- B. Prevent contamination from pathogenic microorganisms
- C. Keep the working environment clean and tidy
- D. Clean surgical theatres in hospitals

# 22. What does this symbol mean?



- A. Repeat use
- B. Never use more than twice
- C. Single use
- D. Dispose after use

#### 23. Autoclaves use:

- A. A process known as cavitation to effectively clean special procedure equipment
- B. Steam under pressure to sterilise special procedure equipment
- C. Steam to clean and disinfect special procedure equipment
- D. Specific chemicals to disinfect and sterilise special procedure equipment

#### 24. Disinfectants need sufficient contact time to work because:

- A. Time is needed to reduce bacteria to a safe level
- B. The water needs time to cool
- C. Over a period of time they become stronger
- D. Disinfectants take a long time to kill spores

# 25. A Practitioner must change their gloves in all the following circumstances, EXCEPT:

- A. Halfway through the special procedure
- B. After completing a special procedure
- C. When there is a break in the procedure
- D. If they become punctured during use

## 26. Which statement about protective clothing is correct?

- A. It must be changed at the start of each month
- B. It reduces the risk of infection
- C. It can be worn on the way to work
- D. It must be white

### 27. Which is the MOST safe and effective way to remove a large body fluid spill?

- A. Use a mop and disinfectant
- B. Use a body fluid kit and then apply a two stage clean
- C. Use paper towels and then apply a detergent
- D. Use a body fluid kit and vacuum cleaner

### 28. To hygienically and safely dispose of used needles a sharps box must be located:

- A. Central to all treatment rooms
- B. In the reception area
- C. In each treatment room
- D. Adjacent to the autoclave

# 29. To minimise exposure of persons to body fluids access to the treatment room should be controlled by:

- A. Allowing the client to bring his/her friends
- B. Restricting access to the practitioner and client only
- C. Restricting access to close relatives only
- D. Allowing a third party to film the procedure

## 30. Sharps include all of the following items EXCEPT:

- A. Needles
- B. Razors
- C. Spatulas
- D. Blades

**END OF PAPER**