7. The results: UK

Based on the methodology described earlier in the report, we have created a ranking of the 70 largest towns and cities across the UK, excluding London. These are the same 70 towns and cities that were included in the 2015 report and they are ranked based on the prevalence of businesses identified as being either health-promoting or potentially damaging to health. The analysis below includes all outlets, including those new for 2018.

The ten unhealthiest UK high streets

1. Grimsby
2. Walsall
3. Blackpool
4. Stoke-On-Trent
5. Sunderland
6. Northampton
7. Bolton
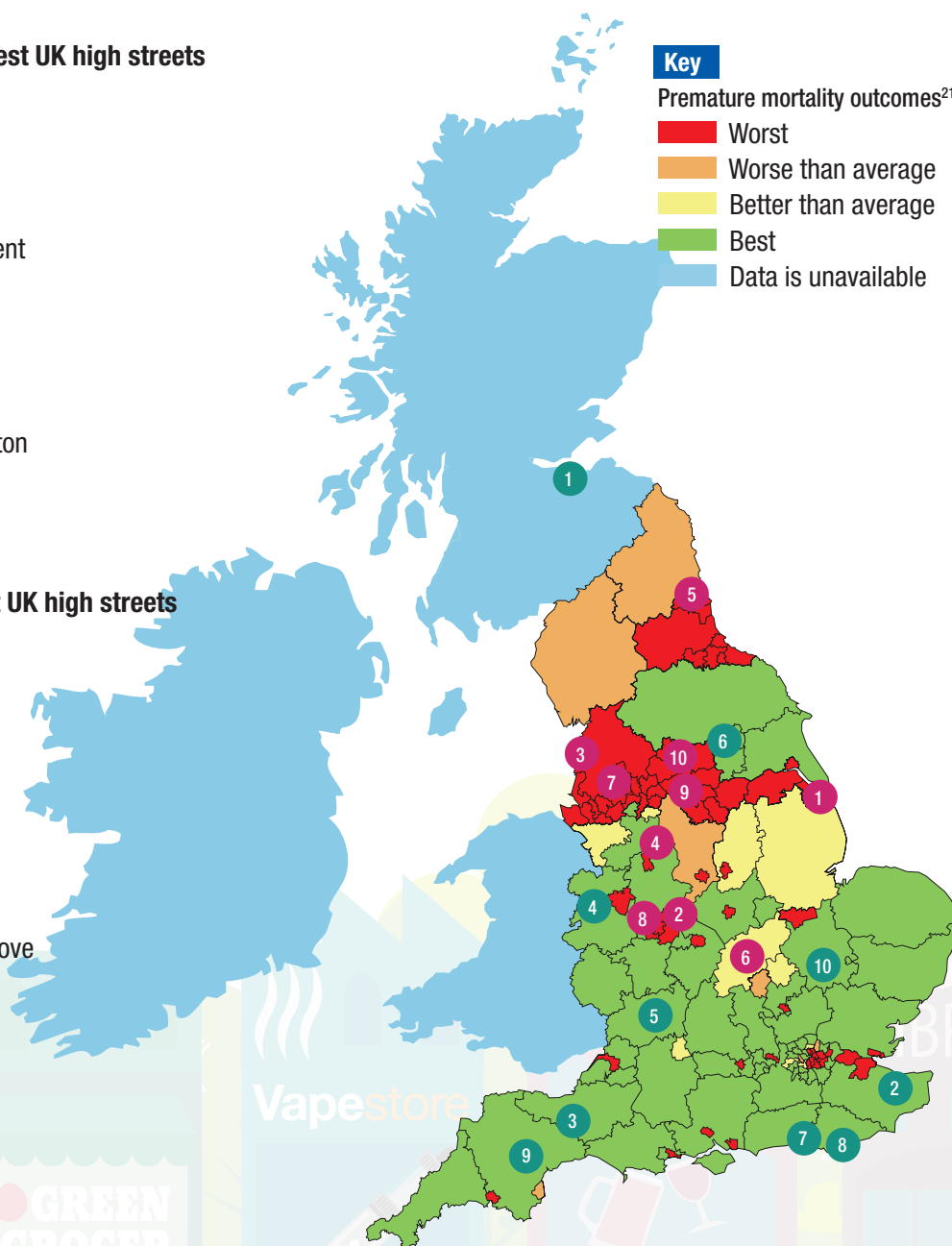8. Wolverhampton
9. Huddersfield
10. Bradford

The ten healthiest UK high streets

1. Edinburgh
2. Canterbury
3. Taunton
4. Shrewsbury
5. Cheltenham
6. York
7. Brighton & Hove
8. Eastbourne
9. Exeter
10. Cambridge

Key

Premature mortality outcomes[211]

- Worst
- Worse than average
- Better than average
- Best
- Data is unavailable

The towns in the 'unhealthiest' table have the greatest number of unhealthy businesses and the least number of health promoting outlets. The total number of outlets in each location ranged from 518 in Stoke-On-Trent to 3669 in Edinburgh.