2019 UPDATE IMPACT PATHWAYS – Healthy beginnings **RECORD** DO COLLATE **IMPACT** Collate results Increased Identify pregnant women or mothers of newborn Improved life breastfeeding babies – consider risk and resilience factors, healthy chances for initiation and at 6-8 beginnings and the impact of the wider determinants children weeks postpartum of health on healthy beginnings (e.g. housing, education, employment) Reduced rate of Increased mothers who smoke and The no. of brief If followed-up, use breastfeeding rates at time of delivery For pregnant women, use MECC principles to Record which the relevant impact interventions carried raise the following issues as appropriate: örd issues were raised, pathway (e.g. out concerning Reduced number of follow-up*(where possible) to generate Smoking cessation; data collected (e.g. smoking, mental term babies born at healthy beginnings for Improved nutrition the Maternal mental wellbeing: smoking status, BMI) wellbeing) to record low birth weight and diet of mother pregnant women and whether other Alcohol and substance misuse: change in behaviour and child · Healthy eating (including folic acid and Healthy impact pathways number Lower infant Start where eligible) were used mortality · Physical activity/weight management; Reduction in • Immunisations: Increase vaccination smoking in · Benefits of breastfeeding e.g. breastfed babies of interactions coverage: MMR; pregnancy and have a lower risk of developing gastrohepatitis B; Dtap/ postpartum intestinal infections; IPV/Hib: Hib/Men C · Domestic abuse: booster • Oral health and free dental care; Reduced social Positive parent-infant interaction to support Reduced hospital isolation for mother infant mental health and early language admissions caused and child Use other impact pathways as appropriate by unintentional and deliberate injuries in you are children 0-4 years For women with young children, use MECC Improved child principles to raise the following issues as Proportion of children development scores appropriate: recorded as part receiving the ASQ-3 having Maternal smoking status; as part of the healthy of the Healthy impact Child Programme child programme Maternal mental wellbeing; Record which (2-2.5 years) Alcohol and substance misuse; The no. of brief mandated 2 year issues were raised. If followed-up, use health review Breastfeeding and child nutrition; interventions carried data collected (e.g. the relevant impact using ASQ-3 Proportion of . Child oral health and free dental care: out concerning smoking status, BMI) pathway (e.g. (British English): assessment children at or above · Child immunisations: healthy beginnings smoking, mental and whether other as a measure the expected level · Domestic abuse: for women with wellbeing) to record of 5 domains of impact pathways in all five areas of • Positive parent-infant interaction to support young children change in behaviour development, development ASQ-3 were used infant mental health and early language including early at 2-2.5 years · Reducing unintentional injuries language as a Use other impact pathways as appropriate primary indicator of School readiness: child wellbeing the percentage of Based on health needs identified above, signpost to children achieving No. of expectant a good level of relevant services (e.g. stop smoking services; health mothers and new Categorise the visitor). Consider the wider determinants of health development at the mothers referred to in any referral, for example, housing; employment; referral location end of reception education; cultural factors. other services Supportive resources: There is training available on healthy beginnings. The Public Health England (PHE) framework 'All our health' has a section dedicated to healthy beginnings, containing extensive literature on the

Supportive resources: There is training available on <u>healthy beginnings</u>. The Public Health England (PHE) framework 'All our health' has a section dedicated to healthy beginnings, containing <u>extensive literature</u> on the different forms intervention can take, and e-learning on giving the best start in life has been developed.

^{*}Follow-up is optional and in many cases will not be possible. However, should the opportunity arise, the impact pathway highlights the data that could be collected to further demonstrate impact.