**Portfolio Assessment Summary Form**

**Level 2 Award for Young Health Champions**

**Unit 8: Supporting Smoking Cessation**

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| **Learning Outcome/Assessment Criteria** | **Evidence for Achievement1** | **Assessor Decision2** |
|  |  |  |
| **Understand factors that result in people smoking** |  |  |
|  |  |  |
| 1.1 Describe **THREE** social factors that could result in smoking |  |  |
| 1.2 Outline **THREE** factors that are individual–specific which could lead to smoking |  |  |
|  |  |  |
| **Understand the personal and social consequences of smoking** |  |  |
|  |  |  |
| 2.1 Outline **THREE** direct effects on health of smoking |  |  |
| 2.2 Identify **THREE** possible indirect effects on the individual due to smoking |  |  |
| 2.3 Identify **THREE** effects on family members, friends and wider society due to smoking by individuals |  |  |
|  |  |  |
| **Know how to provide help and support to the individual with regard to smoking cessation** |  |  |
|  |  |  |
| 3.1 List **THREE** agencies/organisations which provide services for individuals wishing to stop smoking and outline the services provided |  |  |
| 3.2 Describe **THREE** ways by which an individual could be encouraged to reduce their risk of harm from smoking |  |  |
| 3.3 Identify **THREE** barriers to changing behaviour with regard to smoking and how these can be overcome |  |  |

Award of unit / qualification recommended:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | YES / NO | Name | Signature | Date |
|  |  |  |  |  |
| Assessor |  |  |  |  |
| Internal Verifier |  |  |  |  |