**Portfolio Assessment Summary Form**

**Level 2 Award for Young Health Champions**

**Unit 7: Understanding Sexual Health**

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| **Learning Outcome/Assessment Criteria** | **Evidence for Achievement1** | **Assessor Decision2** |
|  |  |  |
| **Understand the Law on Sexual Relationships in the UK** |  |  |
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| 1.1 Outline the purpose of the law and the meaning of consent |  |  |
| 1.2 Outline the meaning of child sexual exploitation |  |  |
| 1.3 Identify services that can support individuals at risk of child sexual exploitation |  |  |
|  |  |  |
| **Know that there is a range of sexual relationships** |  |  |
|  |  |  |
| 2.1 List THREE different sexual relationships |  |  |
|  |  |  |
| **Understand factors that may result in high risk sexual activity** |  |  |
|  |  |  |
| 3.1 Define what is meant by high risk sexual activity |  |  |
| 3.2 Describe THREE social factors that could lead to high risk or unwanted sexual activity |  |  |
| 3.3 Outline THREE factors that are individual specific that could lead to high risk or unwanted sexual activity |  |  |
|  |  |  |
| **Understand the personal and social consequences of high risk sexual activity** |  |  |
|  |  |  |
| 4.1 Outline THREE possible effects on health of high risk sexual activity |  |  |
| 4.2 Describe THREE sexually transmitted infections and their possible effect on health |  |  |
| 4.3 Identify THREE possible effects on the individual due to an unwanted pregnancy |  |  |
|  |  |  |
| **Know how to provide help and support to the individual with regard to their sexual health** |  |  |
|  |  |  |
| 5.1 List THREE organisations which provide services for individuals relating to sexual health and outline the services provided |  |  |
| 5.2 Describe THREE ways an individual could be supported to improve their sexual health |  |  |
| 5.3 Identify THREE barriers to changing behaviour with regard to sexual health and how these can be overcome |  |  |

Award of unit / qualification recommended:

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|  | YES / NO | Name | Signature | Date |
|  |  |  |  |  |
| Assessor |  |  |  |  |
| Internal Verifier |  |  |  |  |