

## **Level 2 Award in Young Health Champions Portfolio of Evidence – Assessment guidance**

As an alternative to learner workbooks, learners and centres can opt to generate and provide portfolio evidence for the achievement of the assessment criteria (AC).

Portfolio assessment allows for the generation of evidence in more creative ways.

It can be tailored to the context of the learner's experience, community and setting. Also, the portfolio of evidence can be completed at a pace suitable to the learner.

Centres can also take the opportunity to use technology in innovative ways such as photo evidence of health posters or audio and/or video recordings of presentations for example.

The learner portfolio evidence summary forms should be used to signpost the relevant evidence in the portfolio. These should clearly show how the evidence meets the specified assessment criteria (AC) to enable the External Verifier to determine if the assessment decision is appropriate. For example:

### **Unit 10 Emotional Wellbeing**

#### **AC 3.1 Identify factors which can impact on emotional wellbeing**

##### **Evidence for Achievement**

Class survey of top 5 issues affecting a teenager's mood (see attached).

Video film scenario of how social media impacted on a teenager's body image and led to bullying (see attached MP3 file or format relevant to phone)

Snap chat scenario as written script for role play and follow up discussion (see script attached) to investigate use of inappropriate sexting.

##### **Resources used**

RSPH Status of Minds report

<https://www.mind.org.uk/information-support/tips-for-everyday-living/>

<https://youngminds.org.uk/what-we-do/our-projects/no-harm-done/>

**NB These examples are more than sufficient and only one would be required to meet assessment criteria.**

These should be attached to the front of the portfolio evidence along with the Portfolio Front Sheet. See exemplars below:

## Level 2 Award for Young Health Champions Learner Portfolio front sheet

This portfolio is used to provide evidence that the assessment criteria have been met.

<b>Candidate Name</b>	<b>Candidate Registration No.</b>
Candidate Declaration: I confirm that I have read and understood the RSPH Plagiarism statement and that all of the accompanying work is my own work. I have identified all relevant sources of information that I used in producing this assignment and this is contained within the assignment.	
<b>Candidate Signature</b>	<b>Date</b>
<b>Unit 1 Principles of Health Improvement</b>	Assessed by MCQ on.....(date) OR Portfolio Signed (assessor): Name: Date:
<b>Unit 2 Research Health Improvement Services</b>	Signed (assessor): Name: Date:
<b>Unit 3 Deliver a Health Improvement Message</b>	Signed (assessor): Name: Date:
<b>Optional Unit.....(Please write or type the title of unit here)</b>	Signed (assessor): Name: Date:

Internal Verifier I have verified this portfolio and <b>AGREE/ DISAGREE</b> (delete as appropriate) with the assessment decisions.  In the event of disagreement with the assessment decision, please state reasons for disagreement below.  Signed: Name: Date:
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Learner Number.....



### Portfolio Assessment Summary Form Level 2 Award for Young Health Champions

#### Unit 1: Principles of Health Improvement

Learning Outcome/Assessment Criteria	Evidence for Achievement <sup>1</sup>	Assessor Decision <sup>2</sup>
<b>Understand what is meant by health and wellbeing</b>		
1.1 State the WHO definition of health		
1.2 State what is significant about this definition		
<b>Understand factors that have led to the improvement of public health</b>		
2.1 Identify THREE public health advances that have resulted in large scale improvements in public health		
2.2 Explain how each of these advances has had an impact on the public's health		
<b>Understand how lifestyle may have a negative effect on health</b>		
3.1 Identify THREE long term health conditions that are linked to lifestyle behaviours		

1. Use this column to signpost the relevant evidence in the portfolio.  
2. The assessor should tick this box if he/she believes the assessment criterion / learning outcome has been met.