**Portfolio Assessment Summary Form**

**Level 2 Award for Young Health Champions**

**Unit 4: Understanding Alcohol Misuse**

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| **Learning Outcome/Assessment Criteria** | **Evidence for Achievement1** | **Assessor Decision2** |
|  |  |  |
| **Understand factors that result in people misusing alcohol**  |  |  |
|  |  |  |
| 1.1 Describe THREE social factors that could result in the misuse of alcohol  |  |  |
| 1.2 Outline THREE factors that are individual-specific which could lead to the misuse of alcohol  |  |  |
|  |  |  |
| **Understand the personal and social consequences of alcohol misuse**  |  |  |
|  |  |  |
| 2.1 Outline THREE direct effects on health of alcohol misuse  |  |  |
| 2.2. Identify THREE possible indirect effects on the individual due to the misuse of alcohol  |  |  |
| 2.3 Identify THREE effects on family members, friends and wider society due to the misuse of alcohol by individuals  |  |  |
|  |  |  |
| **Know how to provide help and support to the individual**  |  |  |
|  |  |  |
| 3.1 List THREE agencies/organisations which provide services for individuals affected by alcohol use and outline the services provided  |  |  |
| 3.2 Describe THREE ways by which an individual could be encouraged to reduce their risk of harm from alcohol misuse  |  |  |
| 3.3 Identify THREE barriers to changing behaviour with regard to alcohol and how these can be overcome |  |  |
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Award of unit / qualification recommended:

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| --- | --- | --- | --- | --- |
|  | YES / NO | Name | Signature | Date |
|  |  |  |  |  |
| Assessor |  |  |  |  |
| Internal Verifier |  |  |  |  |