This pathway provides a process that can be used for MECC conversations or contacts for a variety of lifestyle behaviours. Eleven topic-specific impact pathways have been developed (available here) but this generic pathway can be used for other topics or for developing pathways that covers multiple morbidities.

There is no expectation that every healthcare professional will work through every stage of the impact pathways. There is an evidence-base that the impacts listed result from brief advice. We would not expect healthcare professionals to be monitoring for these impacts, rather to concentrate on the ‘Do’ and ‘Record’ and trust that the impacts will follow. In addition, the ‘Collate’ section may be deemed to be an organisational, rather than an individual responsibility.

Supportive resources: The All Our Health framework provides information and guidance on a wide range of public health priorities. There is also free training on a number of All Our Health topics here
Public Health England has a list of accredited and validated tools and two health inequality tools that can be used to assess which health priorities should be given local focus.

*Follow-up is optional and in many cases will not be possible. However, should the opportunity arise, the impact pathway highlights the data that could be collected to further demonstrate impact.